Welcome to this issue of the FEPSAC Newsletter – Fédération Européenne de Psychologie des Sport et des Activités Corporelles (European Federation of Sport Psychology).

**Report on the 13th ENYSSP Conference, Bratislava**

By Michala Bednarikova

The European Network of Young Specialists in Sport Psychology (ENYSSP) held its 13th annual conference *On the Road to Olympics* in Bratislava, Slovakia (5-10 October 2017). Over 80 participants from 20 European countries shared their experiences and knowledge during official and unofficial programmes of the conference. Though the conference is organized to attract particularly young specialists in sport and exercise psychology, we are glad that every year we have among us renowned and experienced keynote speakers. This year keynote lectures were delivered by Prof Mark B. Andersen, Halmstad University (Sweden); Prof Anne-Marie Elbe, President of FEPSAC; and Dr Caroline Jannes, President of the Flemish Association of Sport Psychology. In addition to their keynotes, Mark, Anne-Marie and Caroline led workshops on transference and counter-transference, pursuing a career in academia, and the application of the Competing Values Framework.

During two and a half days the programme offered 15 interactive workshops in 5 sessions. Workshops covered topics such as professional philosophies, systematic approach, club identity; different techniques to work with athletes and teams such as ACT approach and based interventions, drawing techniques, focus group and use of video. Poster and short oral communications sessions were an opportunity for young practitioners to share their research as well as experiences from their applied practice. Three awards were granted to the best poster, best workshop, and best oral communication. Note that the best workshop was decided by workshop attendees; the other two awards were decided by the conference jury members.

ENYSSP conferences share with other sport psychology events the goal of linking science and applied work. The way it is done is a bit less traditional than in more ‘traditional’ events, as half of the programme consists of interactive workshops. In ENYSSP, we believe that one of our main goals in our conference is to bring opportunities to participants to network and get to know each other. To foster this, for instances, we provided this year participants with nametags that included their areas of interest; the programme included this year a social event that focused on discovering the city were the conference was held; and for the first time in our programme we introduced a Knowledge café. During that activity people discussed their views, experiences and knowledge on different topics including ethical dilemmas, ACT, how to develop best as a sport psychologist practitioner, youth and talent development, etc.

For athletes at the Olympics, when the closing ceremony is over, the new countdown towards the forthcoming Olympics begins (at least for those who continue with their athletic career). We believe that the development of sport psychologist and practitioners is a lifelong process, thus in our case the next ENYSSP conference countdown began with the end of the conference held in Bratislava. You are therefore all welcome to join us at the 14th ENYSSP conference that will take place in Zagreb, Croatia (26-28 April 2018). Further information at [www.enyssp.com](http://www.enyssp.com).

**FEPSAC in LinkedIn**

One of the first initiatives of the current FEPSAC Managing Council was to establish a presence in social media. Since they are the most used social media platforms, accounts were created on Facebook and Twitter in October 2015; there, we post weekly information about FEPSAC, upcoming events, and latest vacancies related to the field of sport and exercise psychology. Two years on, Facebook and Twitter have turned out to be useful platforms to support one of our main goals: promoting sport and exercise psychology across Europe. Due to such a successful initiative and the positive feedback we received, we decided to extend our presence on social media by creating an account in LinkedIn. Thus, we invite all those with a LinkedIn account to join us and follow FEPSAC. Support us and contribute to further promote our field online.

FEPSAC in LinkedIn: [https://be.linkedin.com/in/fepsac-european-federation-of-sport-psychology-488b7a149?trk=pub-pbmap](https://be.linkedin.com/in/fepsac-european-federation-of-sport-psychology-488b7a149?trk=pub-pbmap)

**AASP Distinguished International Scholar Award to Prof Paul Wylieman**

FEPSAC would like to publicly congratulate our most recent Past President, Prof Paul Wylieman for receiving the 2017 AASP Distinguished International Scholar Award. The Association for Applied Sport Psychology recognized in this way Paul’s “outstanding scientific and applied achievements which significantly impacted the field of sport and exercise psychology”. Paul received the award during the 2017 AASP Annual Conference held in Orlando, Florida.

FEPSAC and social media – keep in touch with FEPSAC

Facebook: [https://en-gb.facebook.com/people/Fepsac-SportPsy/100010095409342](https://en-gb.facebook.com/people/Fepsac-SportPsy/100010095409342)

Twitter: [https://twitter.com/FEPSAC_MC](https://twitter.com/FEPSAC_MC)
LinkedIn (https://be.linkedin.com/in/fepsac-european-federation-of-sport-psychology-488b7a149?trk=pub-pbmap)

On behalf of the MC, we would like to thank all those who contributed to the making of this Newsletter. We look forward to receiving more contributions for forthcoming Issues so do not hesitate to send them by email to office@fepsac.com

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Julian Fritsch (University of Thessaly, Greece, and University of Copenhagen, Denmark)